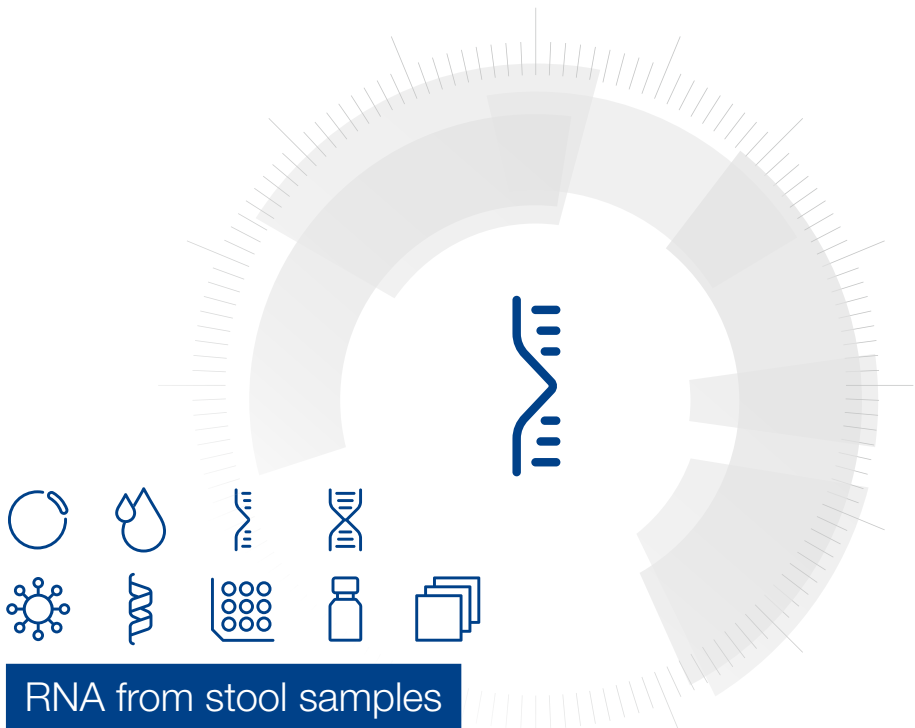


MACHEREY-NAGEL

# User manual



■ NucleoSpin® RNA Stool

September 2023 / Rev. 04

## Contact MN

### Germany and international

MACHEREY-NAGEL GmbH & Co. KG  
Valenciener Str. 11 · 52355 Düren · Germany  
Tel.: +49 24 21 969-0  
Toll-free: 0800 26 16 000 (Germany only)  
E-mail: [info@mn-net.com](mailto:info@mn-net.com)

### Technical Support Bioanalysis

Tel.: +49 24 21 969-333  
E-mail: [support@mn-net.com](mailto:support@mn-net.com)

### USA

MACHEREY-NAGEL Inc.  
924 Marcon Blvd. · Suite 102 · Allentown PA, 18109 · USA  
Toll-free: 888 321 6224 (MACH)  
E-mail: [sales-us@mn-net.com](mailto:sales-us@mn-net.com)

### France

MACHEREY-NAGEL SAS  
1, rue Gutenberg – BP135 · 67720 Hoerdt Cedex · France  
Tel.: +33 388 68 22 68  
E-mail: [sales-fr@mn-net.com](mailto:sales-fr@mn-net.com)

MACHEREY-NAGEL SAS (Société par Actions Simplifiée) au capital de 186600 €  
Siret 379 859 531 00020 · RCS Strasbourg B379859531 · N° intracommunautaire FR04 379 859 531

### Switzerland

MACHEREY-NAGEL AG  
Hirsackerstr. 7 · 4702 Oensingen · Switzerland  
Tel.: +41 62 388 55 00  
E-mail: [sales-ch@mn-net.com](mailto:sales-ch@mn-net.com)

## Table of contents

1	Components	4
1.1	Kit contents	4
1.2	Reagents, consumables, and equipment to be supplied by user	5
1.3	About this user manual	5
2	Product description	6
2.1	The basic principle	6
2.2	Kit specifications	7
2.3	Amount of starting material	7
2.4	Sample lysis	8
2.5	Lysate clearing and RNA binding	8
2.6	Washing procedure and DNase digestion	9
2.7	Elution procedures	9
2.8	Evaluation of RNA yield and quality	9
3	Storage conditions and preparation of working solutions	10
4	Safety instructions	11
4.1	Disposal	11
5	Protocol	12
5.1	Protocol for fresh or frozen stool samples	12
6	Appendix	16
6.1	Troubleshooting	16
6.2	Ordering information	18
6.3	Product use restriction/warranty	19

# 1 Components

## 1.1 Kit contents

NucleoSpin® RNA Stool		
REF	10 preps 740130.10	50 preps 740130.50
NucleoZOL	6 mL	12 mL
Lysis Buffer RST1	10 mL	40 mL
Binding Buffer RST2	13 mL	50 mL
Wash Buffer RST3	6 mL	36 mL
Wash Buffer RST4	10 mL	35 mL
Wash Buffer RST5 (Concentrate)*	6 mL	12 mL
RNase free H <sub>2</sub> O	13 mL	13 mL
Reaction Buffer for rDNase	7 mL	7 mL
rDNase, RNase free (lyophilized)*	1 vial (size D)	3 vials (size D)
NucleoSpin® Bead Tubes Type A	10	50
NucleoSpin® Inhibitor Removal Columns (red ring)	10	50
NucleoSpin® RNA Stool Columns (light blue ring)	10	50
Collection Tubes (2 mL)	10	50
Collection Tubes (2 mL, lid)	10	50
User manual	1	1

\* For preparation of working solutions and storage conditions see section 3.

## 1.2 Reagents, consumables, and equipment to be supplied by user

### Reagents

- 96–100 % ethanol

### Consumables

- 1.5 mL nuclease-free microcentrifuge tubes with lid
- 2.0 mL nuclease-free microcentrifuge tubes with lid
- Additional Collection Tubes (2 mL) (optional)
- Disposable pipette tips

### Equipment

- Manual pipettors
- Centrifuge for microcentrifuge tubes
- Personal protection equipment (e.g., lab coat, gloves, goggles)

- Sample disruption device:

The MN Bead Tube Holder (REF 740469, see ordering information, section 6.2) is recommended to be used in combination with the Vortex-Genie<sup>®</sup> 2 for cost-efficient and convenient disruption of stool samples. The Vortex Adapter (MoBio) for Vortex-Genie<sup>®</sup> 2 X is also suitable.

Alternatively, a swing mill can be used (e.g., mixer mill MM200, MM300, MM400 (Retsch<sup>®</sup>).

*The use of other disruption devices like FastPrep<sup>®</sup> System (MPBiomedicals), Precellys<sup>®</sup> (Bertin Technologies), MagNA<sup>™</sup> Lyser (Roche), TissueLyser (QIAGEN), Bullet Blender<sup>®</sup> (Next Advance), Mini-Beadbeater<sup>™</sup> (Biospec Products), Speed Mill (Analytik Jena), or similar devices might cause bead tube destruction. Such disruption devices can cause high mechanical stress on the bead tubes. Depending on bead tube type and content (beads like steel beads, liquid volume, sample type), especially high frequency of shaking and/or long shaking duration can cause destruction of the bead tubes. If using such a disruption device, it is the responsibility of the user to perform initial stability tests to ensure stability of bead tubes during the individual experimental setup (e.g., intensity of agitation).*

## 1.3 About this user manual

It is strongly recommended for the first time users to read the detailed protocol sections of the user manual NucleoSpin<sup>®</sup> RNA Stool kit before using these products. Experienced users, however, may refer to the Protocol at a glance instead. The Protocol-at-a-glance is designed to be used only as a supplemental tool for quick referencing while performing the purification procedure.

All technical literature is available on the internet at [www.mn-net.com](http://www.mn-net.com).

Please contact Technical Service regarding information about changes to the current user manual compared with previous revisions.

## 2 Product description

### 2.1 The basic principle

The **NucleoSpin® RNA Stool** kit is designed for the efficient isolation of RNA including small RNA species from fresh and frozen stool samples.

The kit combines NucleoZOL and a specific Lysis Buffer RST1 for a chemical disruption of the stool sample and the containing microbes with a mechanical lysis. The mechanical lysis is performed using NucleoSpin® Bead Tubes Type A (containing ceramic beads) in combination with a mechanical disruption device (see section 1.2).

No enzymatic reactions like protease digestion are required to homogenize the sample material.

Undissolved sample material and the ceramic beads are subsequently removed by a short centrifugation. A next lysate clearing step comprises addition of Binding Buffer RST2, followed by a short centrifugation.

The supernatant is finally cleared by passing it through a NucleoSpin® Inhibitor Removal Column that removes substances in stool samples that interfere with RT-PCR.

Binding conditions are adjusted by adding additional Binding Buffer RST2 to the flowthrough of the NucleoSpin® Inhibitor Removal Column. Next the sample is loaded onto a NucleoSpin® RNA Stool Column.

Residual contaminants such as complex polysaccharides, bile salts, and other PCR inhibitors are removed by an efficient washing procedure using Buffer RST2 as well as Wash Buffers RST3, RST4 and RST5. In between the different washing steps, residual DNA is removed via an on column DNA digestion step using rDNase. After a drying step, ready to use RNA can be eluted with RNase free H<sub>2</sub>O.

The **NucleoSpin® RNA Stool** kit also offers the option to isolate different nucleic acid compositions from stool samples. The standard protocol will isolate total RNA including small RNA species from stool samples. If the DNA from the stool sample is required too, the on column DNA digestion step should be omitted. If less of the small RNA species should be isolated, the total amount of Binding Buffer RST2 for the binding step should be reduced.

The RNA preparation using the NucleoSpin® RNA Stool kit can be performed at room temperature. The eluate, however, should be treated with care because RNA is very sensitive to trace contaminations of RNases, often found on general lab ware, fingerprints and dust. To ensure RNA stability keep RNA frozen at -20 °C for short term or -70 °C for long term storage.

## 2.2 Kit specifications

**Table 1: Kit specifications at a glance**

Parameter	NucleoSpin® RNA Stool
Technology	Silica membrane technology
Format	Mini spin column
Sample material	Stool samples (fresh or frozen)
Sample size	Approx. 200 mg (180–220 mg)*
Typical yield	10–30 µg (varies by sample and protocol used)
Elution volume	100 µL
Preparation time	70 min / 10 preps
Binding capacity	200 µg
Use	For research use only

\* For human stool samples approx. 200 mg should be used. For animal stool samples - depending on the species - a lower amount of sample material may be required for optimal results.

## 2.3 Amount of starting material

NucleoSpin® RNA Stool is optimized for processing 200 mg (180–220 mg) of human stool. For stool samples from animals, lowering the sample amount may lead to better results.

Very dry stool samples like rabbit or mouse feces may absorb lysis buffer, resulting in an insufficient sample volume after the first centrifugation step. In these cases it is recommended to reduce the amount of stool material to e.g., 30–80 mg and to increase the volume of the lysis reagents (see also section 2.4 for detailed information about input material).

For difficult stool samples like lipid, polysaccharide, or protein rich stool, a reduction of starting material might also improve the lysis efficiency and the purity of the RNA. It is recommended to start the extraction with 50–100 mg sample material in these cases.

Human stool samples may also contain undigested food matter (e.g., crop or fruit husks, undigested seeds). These particles should not be transferred to the NucleoSpin® Bead Tubes.

Optimal results will be achieved with fresh sample material, kept at 2–8 °C after collection until the RNA extraction, which should take place within 24 hours after stool collection. If this is not possible, freezing of the stool sample at -20 °C as soon as possible after stool collection is recommended. Thawing of the sample material should be performed at room temperature immediately prior to the extraction or over night on ice. Multiple freeze-thaw cycles of stool samples prior to the extraction are not recommended and can lead to degradation of the RNA.

## 2.4 Sample lysis

A thorough sample lysis step is essential to achieve a high RNA yield and remove contaminants during the silica column purification procedure. As stool samples contain a complex mixture of food residues, lipids, proteins, bile salts, and polysaccharides, the chemical lysis by NucleoZOL and Lysis Buffer RST1 is supported by the mechanical disruption in the NucleoSpin® Bead Tube to solubilize the sample material completely. During the 10 minute shaking on a Vortex, even solid stool samples like mouse droppings will be suspended and host cells and microbial cells will break up. If a bead mill is used, the best conditions for disruption have to be adjusted, e.g. for the Retsch® 300 MM bead mill, homogenization for 1–2 minutes at a frequency of 30/s is recommended.

Ceramic beads have proven to be most effective in combination with an MN Bead Tube Holder (REF 740469) for Vortex-Genie® 2 (Scientific Industries Inc). See “User manual MN Bead Tube Holder” for handling of the MN Bead Tube Holder.

For animal stool samples, the standard protocol may not lead to optimal results. A general recommendation for all animal stool samples is to use 150 µL NucleoZOL and depending on the water content of the stool sample 700 to 800 µL Lysis Buffer RST1 for the sample lysis step, so that at least 500 µL lysate can be transferred after the first centrifugation step. In addition, the amount of starting material should be reduced compared to human stool samples. For carnivores (e.g., feline) and birds (e.g., chicken) 100 mg stool sample should be used as the maximum. For dry and fiber rich stool from herbivores (e.g., rabbit or sheep) 50–80 mg should be used and for very hard and dry samples like dried mouse droppings only 30–40 mg of stool should be used as starting material.

## 2.5 Lysate clearing and RNA binding

The lysate is cleared in three steps. In the first step, only the coarse particles are removed by centrifugation. In a second step contaminants are precipitated by addition of Binding Buffer RST2 and a short centrifugation step. In the standard protocol, 140 µL Binding Buffer RST2 are used to generate a cleared lysate.

A NucleoSpin® Inhibitor Removal Column is used for the removal of residual contaminants from the lysate. After addition of a second volume of Binding Buffer RST2 to the flowthrough of the NucleoSpin® Inhibitor Removal Column, the RNA can be bound efficiently to the NucleoSpin® RNA Stool Column.

In the standard protocol, 180 µL Binding Buffer RST2 are used to adjust binding conditions. Under these conditions total RNA (large and small RNA species) are purified. If only the large RNA should be bound to the NucleoSpin® RNA Stool Column, the amount of binding buffer needs to be reduced to 120 µL.

For animal stool samples, different conditions for lysate clearing and RNA binding were adjusted to get optimal RNA yield and purity. See Table 2 for recommendations for selected species.

**Table 2: Recommended RST2 volumes for lysate clearing and RNA binding steps**

Stool sample	RST2 volume for lysate clearing	RST2 volume binding step
Feline, sheep, rabbit	200 µL	170 µL
Mouse, chicken	140 µL	240 µL

## 2.6 Washing procedure and DNase digestion

The washing procedure performed in the NucleoSpin® RNA Stool protocol is optimized to remove residual contaminating substances that are bound to the silica membrane.

It starts with a wash step with Wash Buffer RST3, followed by the on column DNase digestion step. The DNase digest should be omitted in case the DNA needs to be isolated too. The second wash step is carried out with Wash Buffer RST4, followed by two additional wash steps, using Binding Buffer RST2 and the final Wash Buffer RST5. After an additional centrifugation to dry the silica membrane within the NucleoSpin® RNA Stool Column, the RNA can be eluted using RNase-free H<sub>2</sub>O.

## 2.7 Elution procedures

The recommended elution volume is 100 µL of RNase-free water.

If a lower volume than 100 µL is used for elution, it is important to pipette the RNase-free water onto the center of the NucleoSpin® RNA Stool Column in order to moisten the silica membrane completely. The overall yield may be reduced when less than 100 µL volume are used for the elution step. Using less than 30 µL RNase free water for elution is not recommended.

If less than 60 µL are used for elution, the yield can be improved by loading the elution buffer twice onto the spin column. After the first elution step, pipette the eluate once again from the elution tube onto the membrane of the NucleoSpin® RNA Stool Column and centrifuge again for 1 minute at 13,000 × *g*.

## 2.8 Evaluation of RNA yield and quality

The most common method to determine the RNA yield is UV-VIS spectroscopy. The RNA concentration in the final eluate can be calculated from its absorption maximum at 260 nm ( $A_{260}$ ). However, this calculation assumes the absence of any other compound that absorbs UV light at 260 nm. Any contaminations, e.g., proteins or DNA (in case the on column DNA digestion was not performed) significantly contribute to the total absorption at 260 nm and can therefore lead to an overestimation of the actual RNA concentration. If RNA and DNA were isolated, specific dye based quantification methods may be better suited for quantification.

### **Purity ratio $A_{260}/A_{280}$**

The main indicator of RNA/DNA purity is the ratio  $A_{260}/A_{280}$ , which should be between 1.8 and 2.2. Values below 1.8 indicate protein contamination.

### **Purity ratio $A_{260}/A_{230}$**

Another indicator of RNA purity is the ratio of the absorption at 260 nm and 230 nm.  $A_{260}/A_{230}$  should be higher than 2.0 for pure RNA and can be accepted down to about 1.5. Ratios around or even below 1.0 indicate impurities, which could be of variable nature as several compounds absorb at this wavelength.

### 3 Storage conditions and preparation of working solutions

*Attention: NucleoZOL contains phenol (corrosive liquid/poison) and guanidium thiocyanate (irritant). Wear gloves, eye protection, and goggles!*

*CAUTION: Read the warning note on the container and MSDS. NucleoZOL contains phenol and guanidinium thiocyanate which CAUSES BURNS and can be fatal. When working with NucleoZOL, use gloves and eye protection (face shield, safety goggles). Do not get the reagent on skin or clothing. Avoid breathing fumes. In case of contact: Immediately flush eyes or skin with a large amount of water for at least 15 minutes and if necessary seek medical attention. Wear gloves and goggles!*

*CAUTION: Buffer RST4 contains guanidinium thiocyanate which can form highly reactive compounds when combined with bleach (sodium hypochlorite). DO NOT add bleach or acidic solutions directly to the sample-preparation waste.*

Storage conditions:

- Store lyophilized rDNase (RNase-free) at 4 °C on arrival (stable up to 1 year).
- All other kit components should be stored at 15–25 °C and are stable for at least one year. Storage at lower temperatures may cause precipitation of salts. If precipitation occurs, incubate the bottle for several minutes at about 30–40 °C and mix well until the precipitate is dissolved.

Before starting the first NucleoSpin® RNA Stool procedure, prepare the following:

- Wash Buffer RST5: Add the indicated volume of ethanol (96–100%) to Buffer ST5 Concentrate. Mark the label of the bottle to indicate that ethanol was added. Buffer RST5 is stable at room temperature 15–25 °C for at least one year.

NucleoSpin® RNA Stool		
REF	10 preps 740130.10	50 preps 740130.50
Buffer RST5 (Concentrate)	6 mL Add 24 mL ethanol	12 mL Add 48 mL ethanol

rDNase (RNase-free): Add 1.4 mL Reaction Buffer for rDNase to each rDNase vial and incubate for 1 min at room temperature. Gently swirl the vials to completely dissolve the rDNase. Be careful not to mix rDNase vigorously as rDNase is sensitive to mechanical agitation. Dispense into aliquots in nuclease-free 1.5 mL microcentrifuge tubes (not provided) and store at -20 °C. The frozen working solution is stable for at least 6 months. Do not freeze/thaw the aliquots more than three times. (Be careful when opening the vial as some particles of the lyophilisate may be attached to the lid.)

In some cases the vial of rDNase may appear empty. This is due to lyophilized enzyme sticking to the septum. To avoid loss of rDNase, make sure to collect rDNase on the bottom of the vial before removing the plug. Alternatively, inject RNase-free water into the vial using a needle and syringe, invert the vial to dissolve the rDNase, and remove the dissolved rDNase using syringe and needle.

## 4 Safety instructions

When working with the **NucleoSpin® RNA Stool** kit wear suitable protective clothing (e.g., lab coat, disposable gloves, and protective goggles). For more information consult the appropriate Material Safety Data Sheets (MSDS available online at [www.mn-net.com/msds](http://www.mn-net.com/msds)).



Caution: Guanidine hydrochloride in buffer RST3 and guanidinium thiocyanate in buffer NucleoZOL can form highly reactive compounds when combined with bleach! Thus, do not add bleach or acidic solutions directly to the sample preparation waste

The waste generated with the **NucleoSpin® RNA Stool** kit has not been tested for residual infectious material. A contamination of the liquid waste with residual infectious material is highly unlikely due to strong denaturing lysis buffer and Proteinase K treatment but it cannot be excluded completely. Therefore, liquid waste must be considered infectious and should be handled and discarded according local safety regulations.

### 4.1 Disposal

Dispose hazardous, infectious or biologically contaminated materials in a safe and acceptable manner and in accordance with all local and regulatory requirements.

## 5 Protocol

Before starting the preparation:

- Check Lysis Buffer RST1 for precipitates. Dissolve any precipitate by incubating the buffer at 40–50 °C.
- Prepare rDNase reaction mixture with rDNase reconstituted in Reaction Buffer for rDNA (see section 3 for details) or thaw appropriate aliquots from -20 °C freezer and keep rDNase on ice until use.
- For each RNA extraction, 80 µL of reconstituted rDNase is used.

*It is recommended to wear lab coat, goggles and gloves throughout the whole procedure.*

### 5.1 Protocol for fresh or frozen stool samples

#### 1 Prepare sample

See sections 2.3 and 2.4 for more information about the amount of starting material and the recommended lysis procedure for stool samples from different species.

Transfer **180–220 mg** of human **stool material** to a **NucleoSpin® Bead Tube Type A**.

**Important:** Do not overload the bead tube as this may lead to reduced yield and purity. It is recommended to use an appropriate balance to weigh in the sample material.

Add **200 µL NucleoZOL** and **660 µL Buffer RST1**.

*Note:* For animal stool samples it is recommended to use less sample material, 150 µL NucleoZOL and 700–800 µL RST1. See section 2.3 and 2.4 for details.

Close the NucleoSpin® Bead Tube before putting it onto the MN Bead Tube Holder.



**180–220 mg  
sample**

**+ 200 µL  
NucleoZOL**

**+ 660 µL Buffer  
RST1**

**2 Lyse sample**

See section 2.4 for more information about recommended lysis and homogenization conditions for different sample materials.

**Agitate** the NucleoSpin® Bead Tube in the MN Bead Tube Holder on a Vortex-Genie® 2. Vortex the samples with **full speed at room temperature** (15–25 °C) for **10 min**.



**Vortex**  
RT, 10 min

Alternatively, other disruption devices can be used (see section 1.2).



**13,000 × g,**  
5 min

Centrifuge for **5 min at 13,000 × g**.

Transfer **510 µL** of the supernatant to a fresh **2 mL microcentrifuge tube** with lid (not provided).



**Transfer 510 µL**  
supernatant

*Note:* If the volume of clear supernatant is less than 510 µL, transfer as much lysate as possible to the 2 mL microcentrifuge tube without aspirating the pellet. Fibers or husks in the supernatant may clog the pipette tip. Aspirate the supernatant slowly and carefully.

**3 Precipitate contaminants**

Add **140 µL Buffer RST2**, close the lid and vortex for **5 s**.



**+ 140 µL Buffer**  
RST2

**Vortex 5 s**

*Note:* For animal stool samples different RST2 volumes may be used to clear the lysate. See Table 2 in section 2.5 for details.



**13,000 × g,**  
3 min

Centrifuge for **3 min at 13,000 × g**.

**4 Filter lysate**

Place a **NucleoSpin® Inhibitor Removal Column** (red ring) in a Collection Tube (2 mL, lid).



**Load**  
supernatant

Avoiding the pellet, transfer **600 µL** of the cleared lysate onto the **NucleoSpin® Inhibitor Removal Column**.

*Note:* If less volume is available, transfer as much cleared lysate as possible to the filter column. Avoid transferring material from the pellet or material, which floats on top of the lysate onto the column.

Centrifuge for **1 min at 13,000 × g**.



**13,000 × g,**  
1 min

Discard the NucleoSpin® Inhibitor Removal Column.

**5 Adjust binding conditions**

Add **180 µL Buffer RST2** for isolating **total RNA** or **120 µL Buffer RST2** for isolating only **large RNA** from the sample and close the lid.



+ 180 µL Buffer RST2 or 120 µL Buffer RST2

See section 2.5 for more details on isolating different RNA species.

Close the lid and vortex for **5 s**.

Vortex 5 s

*Note:* For animal stool samples different RST2 volumes may be used to adjust binding conditions. See Table 2 in section 2.5 for details.

**6 Bind RNA**

Place a **NucleoSpin® RNA Stool Column** (light blue ring) in a Collection Tube (2 mL).

**Load 600 µL** sample onto the column.



Load 600 µL sample

13,000 × g,  
1 min

Centrifuge for **1 min** at **13,000 × g**.

Discard flowthrough and place the column back into the collection tube.

**Load the residual sample** and centrifuge again for **1 min** at **13,000 × g**.



Load remaining sample

13,000 × g,  
1 min

Discard flowthrough and place the column back into the collection tube.

**7 Wash silica membrane and digest DNA****1<sup>st</sup> wash**

Add **600 µL Buffer RST3** to the NucleoSpin® RNA Stool Column.



+ 600 µL Buffer RST3

Centrifuge for **1 min** at **13,000 × g**.



13,000 × g,  
1 min

Discard flowthrough and place the column back into the collection tube.

**Digest DNA**

Apply **80 µL rDNase reaction mixture** directly onto the center of the silica membrane of the column. Incubate at **room temperature** for **15 min**.



+ 80 µL rDNase reaction mixture

RT, 15 min

*Note:* If DNA should be co-purified together with the RNA, omit the DNA digestion step and continue with 2<sup>nd</sup> wash.

**2<sup>nd</sup> wash**

Add **600 µL Buffer RST4** to the NucleoSpin® RNA Stool Column.

Centrifuge for **1 min** at **13,000 × g**.

Discard flowthrough and place the column back into the collection tube.



+ 600 µL Buffer  
RST4



13,000 × g,  
1 min

**3<sup>rd</sup> wash**

Add **600 µL Buffer RST2** to the NucleoSpin® RNA Stool Column.

Centrifuge for **1 min** at **13,000 × g**.

Discard flowthrough and place the column back into the collection tube.



+ 600 µL Buffer  
RST2



13,000 × g,  
1 min

**4<sup>th</sup> wash**

Add **600 µL Buffer RST5** to the NucleoSpin® RNA Stool Column.

Centrifuge for **1 min** at **13,000 × g**.

Discard flowthrough and place the column back into the collection tube.



+ 600 µL Buffer  
RST5



13,000 × g,  
1 min

*Note: The same collection tube is used throughout the entire washing procedure to reduce plastic waste. If new collection tubes are used for each step, see section 6.2 for ordering information.*

**8 Dry silica membrane**

Centrifuge for **2 min** at **13,000 × g**.

*Note: If for any reason, the liquid in the collection tube has touched the NucleoSpin® RNA Stool Column after the drying step, discard flowthrough and centrifuge again.*



13,000 × g,  
2 min

**9 Elute RNA**

Place the **NucleoSpin® RNA Stool Column** into a new nuclease-free 1.5 mL microcentrifuge tube (not provided).

Add **100 µL RNase free H<sub>2</sub>O** to the column.

*Note: If a lower volume is used for elution, read the recommendations in section 2.7.*

Close the lid and centrifuge for **1 min** at **13,000 × g**.

Discard the NucleoSpin® RNA Stool Column.

Vortex each microcentrifuge tube for 2 s.



+ 100 µL RNase  
free  
H<sub>2</sub>O



13,000 × g,  
1 min

## 6 Appendix

### 6.1 Troubleshooting

Problem	Possible cause and suggestions
	<i>Suboptimal lysis conditions</i> <ul style="list-style-type: none"><li>• Too much sample material was filled into the NucleoSpin® Bead Tube. Too little head space does not allow the necessary motion of the beads to disrupt the sample. Additionally the concentration of the lysis solution may be too diluted by the sample volume to chemically disrupt the sample material. Use less sample material (see section 2.3 and 2.4 for more information).</li></ul> <i>Insufficient disruption and/or homogenization of starting material</i> <ul style="list-style-type: none"><li>• Shaking of the NucleoSpin® Bead Tube was too weak or not for long enough. Increase shaking time and velocity or use another shaking device (see section 2.4 for more information).</li></ul> <i>Reagents not applied or stored properly</i> <ul style="list-style-type: none"><li>• Always dispense exactly the buffer volumes given in the protocol!</li></ul>
Poor or no RNA yield	<ul style="list-style-type: none"><li>• Always follow closely the given instructions with regard to order and mode of mixing (shaking, vortexing etc).</li><li>• Add the indicated volume of ethanol (96–100 %) to Wash Buffer RST5 Concentrate and mix thoroughly (see section 3 for more information).</li><li>• Store kit components at room temperature (15–25 °C). Storage at lower temperatures may cause salt precipitation. Check Lysis Buffer RST1 for white precipitate. If precipitation occurred, incubate the bottle at 40–50 °C until all precipitate is dissolved.</li><li>• Keep bottles tightly closed in order to prevent evaporation or contamination.</li></ul> <i>Sample material not stored properly</i> <ul style="list-style-type: none"><li>• Stool samples should be kept at 2–8 °C after collection. If the RNA is not extracted from the stool sample within the same day, it should be frozen at -20 °C as soon as possible after collection and kept at -20 °C until processing. Stool samples should be thawed at room temperature (15–25 °C) immediately before extraction or over night at 2–8 °C.</li></ul>

RNA is degraded

*Stool sample was not stored correct before extraction*

- Use fresh stool samples that were stored cooled (2–8 °C) and extract RNA within 24 hours after collection or freeze stool sample as soon as possible after collection at -20° and thaw at room temperature (15–25 °C) immediately before extraction or over night at 2–8 °C.

*RNase contamination*

- Create an RNase free working environment. Wear gloves during all steps of the procedure. Change gloves frequently. Use of sterile, disposable polypropylene tubes is recommended. Keep tubes closed whenever possible during the preparation. Glassware should be oven-baked for at least 2 hours at 250 °C before use.

Suboptimal performance of RNA in downstream experiments

*RNA yield was overestimated*

- If RNA eluates are not completely free of contaminants (e.g., proteins) UV-VIS quantification based on  $A_{260}$  is not reliable due to the contribution of the contaminants to the absorption at 260 nm.
- If the on column DNA digestion was omitted, copurified DNA leads to an overestimation of RNA yield in the UV based quantification.

*Carryover of ethanol or salt*

- Make sure to dry the silica membrane and the NucleoSpin® RNA Stool Column completely before elution to avoid carry-over of ethanolic Wash Buffer RST5.

*Contamination with PCR inhibitors*

- The RNA purity can be increased by lowering the amount of starting material (see section 2.3 for more information).
- Make sure to carefully follow the washing instructions.
- Dilute RNA 1:10 to reduce concentration of inhibitors.

## 6.2 Ordering information

Product	REF	Pack of
NucleoSpin® RNA Stool	740130.10 / .50	10 / 50 preps
MN Bead Tube Holder	740469	1
NucleoSpin® DNA Stool	740472.10 / .50	10 / 50 preps
NucleoSpin® DNA Insect	740470.10 / .50	10 / 50 preps
NucleoSpin® Microbial DNA	740235.10 / .50	10 / 50 preps
NucleoSpin® Soil	740780.10 / .50	10 / 50 / 250 preps
NucleoSpin® Bead Tubes Type A (0.6–0.8 mm ceramic beads; recommended for stool, soil, and sediments)	740786.50	50
NucleoSpin® Bead Tubes Type B (40–400 µm glass beads; recommended for bacteria)	740812.50	50
NucleoSpin® Bead Tubes Type C (1–3 mm corundum; recommended for yeast)	740813.50	50
NucleoSpin® Bead Tubes Type D (3 mm steel beads; recommended for insects)	740814.50	50
NucleoSpin® Bead Tubes Type E (40–400 µm glass beads and 3 mm steel beads; recommended for hard to lyse bacteria within insect or tissue samples)	740815.50	50
NucleoSpin® Bead Tubes Type F (1–3 mm corundum + 3 mm steel beads; recommended for challenging tissues) - use only with MN Bead Tube Holder	740816.50	50
NucleoSpin® Bead Tubes Type G (5 mm steel beads; recommended for plant material)	740817.50	50
Collection Tubes (2 mL)	740600	1000

Visit [www.mn-net.com](http://www.mn-net.com) for more detailed product information.

## 6.3 Product use restriction / warranty

All MACHEREY-NAGEL products are designed for their intended use only. They are not intended to be used for any other purpose. The description of the intended use of the products can be found in the original MACHEREY-NAGEL product leaflets. Before using our products, please observe the instructions for use and the safety instructions from the respective Material Safety Data Sheet of the product.

This MACHEREY-NAGEL product is carrying documentation stating specifications and other technical information. MACHEREY-NAGEL warrants to meet the stated specifications. The provided warranty is limited to the data specifications and descriptions as given in the original MACHEREY-NAGEL literature. No other statements or representations, written or oral, by MACHEREY-NAGEL's employees, agents or representatives, except written statements signed by a duly authorized officer of MACHEREY-NAGEL are authorized. They should not be relied upon by the customer and are not a part of a contract of sale or of this warranty.

Liability for all possible damages that occur in any connection with our products is limited to the utmost minimum as stated in the general business terms and conditions of MACHEREY-NAGEL in their latest edition which can be taken from the company's website. MACHEREY-NAGEL does not assume any further warranty.

Products and their application are subject to change. Therefore, please contact our Technical Service Team for the latest information on MACHEREY-NAGEL products. You may also contact your local distributor for general scientific information. Descriptions in MACHEREY-NAGEL literature are provided for informational purposes only.

Last updated: 08/2022, Rev. 04

Please contact:  
MACHEREY-NAGEL GmbH & Co. KG  
Tel.: +49 24 21 969-333  
support@mn-net.com

---

Trademarks:

Bullet Blender is a registered trademark of Next Advance

FastPrep is a registered trademark of MP Biomedicals, LLC

MagNA Lyser is a trademark of Roche Diagnostics GmbH

Mini-Beadbeater is a trademark of Biospec Products

NucleoSpin® is a registered trademark of MACHEREY-NAGEL GmbH & Co KG

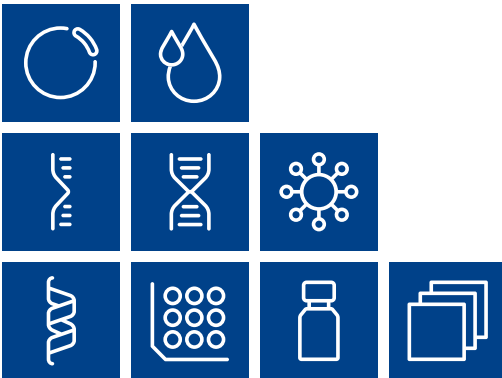
Precellys is a registered trademark of Bertin Technologies

Retsch is a registered trademark of Retsch GmbH

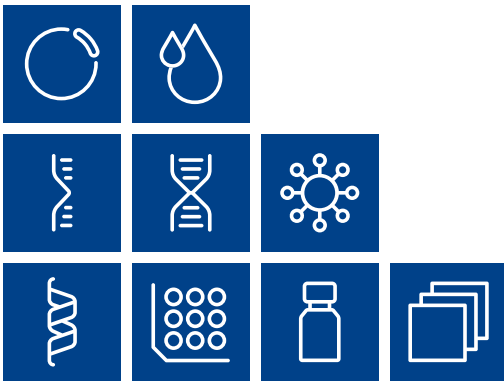
Vortex-Genie is a registered trademark of Scientific Industries

All used names and denotations can be brands, trademarks or registered labels of their respective owner – also if they are not special denotation. To mention products and brands is only a kind of information, i.e. it does not offend against trademarks and brands and can not be seen as a kind of recommendation or assessment. Regarding these products or services we can not grant any guarantees regarding selection, efficiency or operation.





Plasmid DNA  
Clean up  
RNA  
DNA  
Viral RNA and DNA  
Protein  
High throughput  
Accessories  
Auxiliary tools



**MACHEREY-NAGEL**

[www.mn-net.com](http://www.mn-net.com)

MACHEREY-NAGEL GmbH & Co. KG · Valencienner Str. 11 · 52355 Düren · Germany

DE +49 24 21 969-0 [info@mn-net.com](mailto:info@mn-net.com)

CH +41 62 388 55 00 [sales-ch@mn-net.com](mailto:sales-ch@mn-net.com)

FR +33 388 68 22 68 [sales-fr@mn-net.com](mailto:sales-fr@mn-net.com)

US +1 888 321 62 24 [sales-us@mn-net.com](mailto:sales-us@mn-net.com)

